



DISCOVERY CAMP

What to Pack for Camp

It is important that you make sure to pack all of the appropriate clothing and gear for your child's session at camp. The items we have listed on the clothing & gear lists are necessary for the health, safety and enjoyment of the camp experience for your child. Things to keep in mind when packing for camp:

- To prevent loss, **make sure that EVERY article is clearly marked with your child's name** using a name tag or laundry pen.
- Luggage is stored under bunk beds and on cubbies. **We recommend using soft sided suitcases or duffle bags.**
- **Choose function over fashion.** Your camper will be engaged in several active outdoor activities while at camp. Be sure to send them with clothing that can get dirty/stained and avoid items that you are not willing to potentially risk losing.
- It is important that you **send your child with a variety of clothing layers** so that they can keep warm in the event of inclement weather. A toque (warm winter hat) may seem like a silly item to bring to summer camp – but on hiking trips in the mountains or on a rainy day it can help your child keep warm.
- **There is no need to pack anything beyond those items listed on this Packing List.** It can be damaging to the camp experience when miscellaneous items are sent in excess. Camp is one of the few places where a child can be free of inequities. The more “stuff” that campers bring, the more inequity can be present in a cabin group.

CLOTHING	EQUIPMENT
<input type="checkbox"/> 5-6 T-shirts <input type="checkbox"/> House Team Shirt - <i>If you camper has attended before, please be sure to pack their House Team shirt for Olympic day. If by the time you are reading this, their shirt no longer fits or has vanished into the laundry abyss, contact our office and we can set them up with a new shirt!</i> <i>If this is your campers first year at Camp, they will receive their House Team shirt on the first day of Camp.</i> <input type="checkbox"/> 1 Long Sleeve Shirts <input type="checkbox"/> 1-2 Sweaters <input type="checkbox"/> 3-4 Pairs of Shorts <input type="checkbox"/> 1 Set of Pajamas <input type="checkbox"/> 2 Pairs of Long Pants - <i>Jeans or Sweatpants work great!</i> <input type="checkbox"/> 1 Bathing Suit <input type="checkbox"/> 5-6 Pairs of Underwear <input type="checkbox"/> 5-6 Pairs of Socks - <i>at least 2 pairs of wool or synthetic socks are recommended.</i> <input type="checkbox"/> 1 Fleece Jacket - <i>for cool nights / mornings</i> <input type="checkbox"/> 1 Sun Hat / Ball Cap <input type="checkbox"/> 1 Waterproof Rain Jacket <input type="checkbox"/> 1 Waterproof Rain Pants	<input type="checkbox"/> 1 Final Banquet Outfit - <i>Casual dress code, but something a little nicer than you would normally wear around Camp. (Jeans, Button Ups, Dresses, Skirts, Bowties —we've seen it all!)</i> <input type="checkbox"/> 1 Sleeping Bag - <i>'Mummy' Style rated -10 degrees are ideal.</i> <input type="checkbox"/> 1 Pillow <input type="checkbox"/> 1 Litre Water Bottle - <i>Nalgene style recommended.</i> <input type="checkbox"/> 1 Fitted Sheet for Mattress - <i>Single / Twin Size</i> <input type="checkbox"/> 1 Shower Towel <input type="checkbox"/> Flashlight + Extra Batteries - <i>Headlamps are ideal</i> <input type="checkbox"/> 1 School Size Backpack — <i>Something suitable for day excursions with enough room for a packed lunch, water bottle, sweater.</i> <input type="checkbox"/> Toiletry Kit — <i>Hairbrush, Toothbrush, Tooth Paste, Deodorant, Face Wash, Sanitary Items, Shampoo + Soap.</i> <input type="checkbox"/> 1 Bottle of Sunscreen — <i>Waterproof and SPF 30 or more</i> <input type="checkbox"/> 1 Laundry Bag — <i>Something to keep dirty clothing organized.</i> <input type="checkbox"/> 1 Pair of Hiking Boots — <i>Should be sturdy, well fit - preferably up to the ankle for good support for high energy activities such as hiking. We recommend breaking them in before camp to avoid blisters!</i> <input type="checkbox"/> 1 Pair of Running Shoes <input type="checkbox"/> 1 Pair of Sandals — <i>Sandals ideally have a heel strap on them and should be suitable to get wet in (i.e. showering, water activities)</i>
OPTIONAL ITEMS	
<input type="checkbox"/> Writing Kit — <i>Journalling or Letter Writing</i> <input type="checkbox"/> Disposable / Digital Camera - <i>do not bring cellphones or iPods to use as cameras during camp.</i> <input type="checkbox"/> Books / Comics / Kindles - <i>Electronic readers are ok to bring so long as they do not require a wifi signal and are strictly used for the purpose of reading.</i>	<input type="checkbox"/> Stuffed Animal <input type="checkbox"/> Insect Repellent - <i>Non-Aerosol</i> <input type="checkbox"/> White T-Shirt for Tie Dye - <i>Tie Dye is an optional activity.</i> <input type="checkbox"/> Sunglasses <input type="checkbox"/> Cards, Board Games
WHAT NOT TO PACK	
<p>Help us create a positive experience for all campers by NOT sending the following items to Camp:</p> <div> <div>Cellphones, Speakers or Electronics of any type</div> <div>Expensive Clothing/ Jewelry</div> <div>Hair Dryers / Straighteners</div> </div> <div> <div>Extra Snacks / Food</div> <div>Candles/ Lighters or Camping Knives</div> </div>	